

Health and Physical Education Curriculum Consultation 2017

Every state school in New Zealand is required to consult with its community about the implementation of the Health and Physical Education Curriculum. Below this introduction you will find an outline of the four areas contained in the Health Education syllabus. After each of these headings you will also find a brief outline of what might be covered.

We are asking for feedback from parent/caregivers so that we can use this when we plan and implement health programmes in the future. If you wish to have a say they are due back on Friday August 11.

All comments will be collated and displayed for parents to read in the foyer. If you would like a copy sent home, please feel free to request one.

If you would like further clarification about any of this, please contact me on 569-5422.

Simon Edmonds

1. Personal Health and Physical Development

Personal growth and development

Describe feelings, personal needs and stages of growth, and show responsibility for caring for themselves.

Regular physical activity

Take part in regular physical exercise and have an understanding of the benefits it provides for them.

Self-management

Identify risks in their lives, use safe practices and have an understanding of people who can help them.

Personal identity

Have an understanding of their own personal qualities that contribute to a sense of worth.

Comment:

2. Movement concepts and motor skills

Movement skills

Develop and practise a range of motor skills using a variety of equipment

Positive attitudes

Participate in a range of games and activities and appreciate the enjoyment that these can bring to them.

Changes and social and cultural factors

Learn to play by rules so that games are fair and safe for all children.

Comment:

3. Relationships with other people

Relationships

Learn to work, play and share ideas with other children by developing positive relationships.

Identity, sensitivity, and respect

Look at the ways people share personal characteristics, but at the same time can also be unique.

Interpersonal skills

Learn to express their own feelings and at the same time listen to and show sensitivity to other people.

Comment:

4. Healthy Communities and Environments

Societal attitudes and values

Learn how the actions, attitudes and values of people contribute to a healthy physical and social environment.

Community resources

Learn about hazards at home and school and in the local environment and how they can stay safe around these.

Rights, responsibilities, and laws; People and the environment

Learn how using simple guidelines and practices can contribute to a physically and socially healthy environment that can be enjoyed by all.

Comment:

Are there any other comments or issues that you wish to raise about the teaching of health and physical education at Gracefield?

Comment: